



Information Bulletin

26 November 2019

AWF Coaching Commission

The AWF Board is progressing with the establishment of Commissions to support AWF operations and has appointed **Lyn Jones**, **Luke Borreggine** and **Julian Jones** to form the AWF Coaching Commission. The Coaching Commission will:

- Determine the coaching requirements of AWF Teams and Squads and create position descriptions and minimum qualifications for each position;
- Identify and categorise appropriately qualified coaches to serve in Australian Representative Teams and AWF Squads;
- Recommend the allocation of coaches to positions within AWF Teams and Squads;
- Create and support developmental pathways for AWF coaches seeking to serve in Australian Representative Teams and AWF Squads;
- Establish a formal assessment and feedback process for AWF Team and Squad coaches to assist their development and inform future coach selections;
- Develop a coach evaluation template to ensure consistency and fairness in the monitoring and evaluation of coach performance;
- Fast track the development of female coaches to achieve a gender balance in team and squad composition.

High Performance Program Update

On 22nd November, the four State High Performance Coordinators met together for the first time, along with the AWF President, High Performance Commission Chair, an AWF Director and AWF Staff. The purpose of the meeting was to launch the State HP Coordinators into operational mode and begin to roll out the elements of the AWF High Performance Plan that will support athletes and coaches to achieve superior results.

Appropriately, the meeting was held at Commonwealth Games Australia HQ, and the CGA CEO Craig Phillips and CGA Team Performance Manager Tim Mahon addressed the group and outlined CGA's aspirations for the Birmingham 2022 Commonwealth Games.

Now that they're fully operational, the State HP Coordinators are the first point of contact for coaches and athletes on all things to do with the AWF High Performance program. The State HP Coordinators can be contacted via the following email addresses:

NSW & ACT:	Luke Borreggine	nsw.hpc@awf.com.au
QLD & NT:	Greg Hobl	qld.hpc@awf.com.au
VIC & TAS:	Emily Muskett	vic.hpc@awf.com.au
WA & SA:	Jay Saxton	wa.hpc@awf.com.au

AWF Qualifying Standards and Periods

The following additions and amendments have been made to qualifying periods and minimum qualifying standards:

World Youth Championships – E Grade Totals have been added for the following Youth categories:

F40: 114kg; F81+: 186kg; M49: 170kg; M102+: 279kg.

AWF Youth & Under 15 Championships qualifying period: 11 January – 19 July

AWF Senior Championships qualifying period: 15 February – 16 August

FISU University World Championships qualifying period: 11 January – 12 July

The updated events calendar with qualifying periods and grading standards is on the AWF website:

[AWF Calendar, Qualifying Periods and Standards](#)

Masters World Championships

The IWF-Masters Committee has released the details of the registration system for the 2020 Masters World Championships in Obrigheim, Germany. The qualification period is 25 August 2019 – 31 May 2020. Entries close on 31 May 2020 or when 1000 preliminary entries are received, whichever is sooner.

The full details are on the AWF website: [Masters World Championships 2020 Registration System](#)

Junior World Championships

The date and location of the 2020 Junior World Championships is not yet confirmed but the IWF has advised that they prefer the event to be held in the month of March, to maintain its status as a Gold Level Tokyo 2020 Qualification event.

Bearing this in mind, all athletes who have qualified for the 2020 World Junior Championships and those who may be attempting to qualify this coming weekend, should ensure that their Athlete Whereabouts Information is up to date in ADAMS for the period commencing 1 December 2019 and ending 31 March 2020.

For IWF World Senior/Junior/Youth Championships, athletes must provide their whereabouts information for every day in the three months prior to the event, or they cannot compete.

Chika Does it Again!

Lifting at the Phoenix Weightlifting Club's annual Ian Laurie Cup event last Saturday, Eileen Cikamatana rewrote the Australian, Oceania and Commonwealth Record Books with another outstanding performance. Just two weeks after setting a new Junior World Record with 151kg Clean & Jerk at the IWF Grand Prix in Peru, Chika succeeded with 152kg in Melbourne. Her next outing is the IWF World Cup in China, where more World Records will be under threat from this powerful young athlete.